

### EDUCATION

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DPT	Mount Saint Mary's University, <i>Doctorate of Physical Therapy</i> Doheny Campus 10 Chester Place, Los Angeles, CA 90007	10/2018
BS	California State University Long Beach, <i>BS Kinesiology</i> Option in Exercise Science 1250 Bellflower Blvd, Long Beach, CA 90840	05/2012

### LICENSURE & CERTIFICATION

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PT	Federal State Board of Physical Therapy State of California, License No. 296298	Exp. 05/2022
BLS	American Heart Association Basic Life Support for Healthcare Providers (CPR & AED)	Exp. 06/2022

### WORK EXPERIENCE

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Women's Advantage, Inc.   Torrance, CA	12/2018 – present
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### CLINICAL EXPERIENCE

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Women's Advantage, Men's Optimal Health   Torrance, CA	07/2019 – 11/2019
Evolution Physical Therapy   Culver City, CA	04/2019 – 07/2019
Glendale Adventist Hospital   Glendale, CA	10/2016 – 12/2016
Evolve Integrative Wellness   Yorba Linda, CA	07/2016
Concentra Physical Therapy   Rancho Cucamonga, CA	02/2016

### CONTINUING EDUCATION

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#### Herman & Wallace Pelvic Rehabilitation Institute

Level 1: <i>Introduction to Female Pelvic Floor Function, Dysfunction &amp; Treatment</i>	05/2017
Level 2A: <i>Colorectal and Coccyx Conditions, Male Pelvic Floor, Pudendal Nerve Dysfunction</i>	04/2018
Mobilization of the Myofascial Layer: <i>Pelvis and Lower Extremity</i>	04/2019
Sacral Nerve Manual Assessment and Treatment	01/2020

#### Movement Links Seminar Series

Lower Quarter Course: Muscle Analysis, Gait, Postural Stability, & Movement Exam	09/2020
Lower Quarter Course: Neuromuscular Facilitatory & Inhibitory Techniques, Corrective & Reflexive Exercises	10/2020
Upper Quarter Course: Movement Exam, Neuromuscular Facilitatory & Inhibitory Techniques, Corrective & Reflexive Exercise, Movement Re-education	11/2020
Functional Management Progression - Movement Analysis with Integration	12/2020
Physical Therapy Care of Patients who are Trans/Gender Diverse	04/2019
Myofascial Decompression Level 1	06/2018
Redcord, Neurac 1	02/2018

## SPECIALIZED TRAININGS

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Balanced Body  
Pilates Instructor Training 06/2017

## TEACHING & MENTORING EXPERIENCE

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Teaching Assistant  
Herman & Wallace Pelvic Rehabilitation Institute  
*Pelvic Floor Level 1, Los Angeles, CA* 10/2020

Clinical Instructor  
Women's Advantage, Inc. 2018 – present

## CONFERENCES ATTENDED

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Pelvic Floor & Sexual Medicine Meeting  
*Los Angeles, CA* 11/2019  
*Irvine, CA* 05/2019  
*San Diego, CA* 02/2019  
CPTA Student Conclave | *Los Angeles, CA* 03/2018  
APTA Combined Sections Meeting  
*New Orleans, LA* 02/2017  
*Anaheim, CA* 02/2016

## LANGUAGES

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English, Cantonese, Mandarin, Vietnamese