

SARAH PIZZEY, PT, MPT

Curriculum Vitae

EDUCATION

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| MPT | Long Beach State University, Master of Physical Therapy 1250 Bellflower Blvd. Long Beach, CA 90840 | 08/2007 - 12/2010 |
| BS | University of California, Santa Cruz Double Bachelors of Science in Marine Biology and Ecology & Evolution 1156 High St. Santa Cruz, CA 95046 | 09/1999 - 12/2003 |

LICENSURE & CERTIFICATION

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| PT | Federal State Board of Physical Therapy State of California, License No. 37627 | Exp. 09/30/2024 |
| BLS | American Heart Association Basic Life Support for Healthcare Providers (CPR & AED) | Exp. 07/16/2024 |

WORK EXPERIENCE

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| Women's Advantage, Inc. Torrance & Long Beach, CA | 06/2018 – present |
| Luna Physical Therapy Los Angeles, CA | 10/2019 – 12/2021 |
| Wholehearted Pediatric Physical Therapy Long Beach, CA | 08/2017 – 09/2019 |
| Maxum Physical Therapy Placentia, CA | 06/2015 – 07/2018 |
| Praxis Physical Therapy San Pedro, CA | 06/2012 – 01/2015 |
| Valley Physical Therapy Scotts Valley, CA | 10/2011 – 06/2012 |
| VibrantCare Rehabilitation Santa Cruz, CA | 02/2011 – 10/2011 |

CLINICAL EXPERIENCE

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| Valley Physical Therapy Scotts Valley, CA | 09/2010 – 12/2010 |
| Cornerstone Pediatric Physical Therapy Huntington Beach, CA | 05/2010 – 08/2010 |
| OrthoSport Physical Therapy Newport Beach, CA | 08/2009 – 10/2009 |

CONTINUING EDUCATION

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|-------------------------------|---|----------------|
| MedBridge | Ongoing subscription (list of courses available upon request) | 2014 – present |
| CPTA | Diagnosis and Treatment of Movement System Syndromes of the Neck and Shoulder | 12/2013 |
| | Comprehensive Management of the Cervical Spine | 04/2012 |
| VibrantCare Rehabilitation | Neuromobility: Examination and Treatment Strategies | 08/2011 |
| Summit Professional Education | Practical and Complementary Interventions for Autism, Asperger's, Sensory, and ADHD in Children and Adolescents | 12/2015 |

Vyne Education

Getting the PIQ-ture: Assessing and Treating Common Pediatric Patients 01/2016

Herman & Wallace Pelvic Rehabilitation Institute

Male Pelvic Floor Function 03/2014

Level 1: Introduction to Female Pelvic Floor Function, Dysfunction and Treatment 05/2015

Care of the Postpartum Patient 01/2015

Pediatric Incontinence and Pelvic Floor Dysfunction 06/2016

Level 2A: Colorectal and Coccyx Conditions, Male Pelvic Floor, Pudendal Nerve Dysfunction 03/2018

Level 2B: Urogynecological Examination and Treatment Interventions 04/2018

Mobilization of the Myofascial Layer: Pelvis and Lower Extremity 03/2019

Mobilization of Visceral Fascia: The Gastrointestinal System 01/2020

Mobilization of Visceral Fascia: The Urinary System 05/2021

Mobilization of Visceral Fascia: The Reproductive System 10/2021

Pelvic Floor Capstone 10/2021

Breathing and the Diaphragm 01/2023

Kids Bowel & Bladder

Pediatric Functional Gastrointestinal Disorders (Peds 2) 01/2021

The Pelvic Floor, the Diaphragm, the Core and their Role in Postural Development in Children 09/2022

Echo Gen Portal

Introduction to Ultrasound Imaging for Lumbopelvic Rehabilitation 04/2021

Lumbopelvic Ultrasound Imaging: A Clinical Training Course 04/2022

Greene Physiotherapy Seminars

Lactation and Breast Health Course for Physios and Health Professionals 03/2021

TEACHING & MENTORING EXPERIENCE

Clinical Instructor

Co-clinical instructor for DPT & PTA students at Women's Advantage & Maxum Physical Therapy

Teaching Assistant

Herman and Wallace Level 2A: Colorectal & Coccyx Conditions, Male Pelvic Floor, Pudendal Nerve Dysfunction 02/2021

Herman and Wallace Pelvic Floor Capstone 06/2022

In-Services

Coccyx and Diastasis Recti | Maxum Therapy 05/2018

Review of Course: Getting the PIQ-ture | Maxum Therapy 01/2017

Pelvic Floor Rehab. | Maxum Therapy 08/2016

Review of Course: Complementary Interventions for Autism Asperger's, Sensory & ADHD in Children and Adolescents | Maxum Therapy 01/2016

Review of Course: Neuromobility: Examination and Treatment Strategies | VibrantCare 08/2011

CONFERENCES ATTENDED

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| CPTA Annual Conference (attendee & student volunteer) Oakland, CA | 2010 |
| APTA Combined Sections Meeting San Diego, CA | 2009 |

SCHOLARLY ACTIVITY

Research

"The validity of the manual muscle testing in people with unilateral trans-tibial amputations." Long Beach State University 2010. – co-student researcher, Long Beach State University, 2010.

"The effect of feeding schedules on the thermoregulation of the Southern Sea Otter (Enhydra Lutris)." – student researcher, UC Santa Cruz, 2003.

COMMUNITY SERVICE

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| Power to the Bump Virtual Pajama Jam Long Beach, CA | 06/2020 |
| Guest speaker on Pediatric Pelvic Floor Physical Therapy | |
| Guide Dogs for the Blind Puppy Raising Club Anaheim, CA | 02/2020 – present |
| Active member and puppy raiser | |